

John Burkardt, MCMHA Board Member

Appointed: April 2018

My reason for wanting to be a Board Member:

I have always had the innate ability to recognize my own (and others) emotions since kindergarten. I have also fought and triumphed over mental illness in my past with good psychology. My philosophy is emotions influence behavior and I am excited to be working with an organization that believes emotional intelligence can be tapped into and learned to objectively improve our responses and hopefully outcomes to life events or cope in healthier ways if we cannot.

Current Employer, Occupation, Retired, or Hobby:

- Waterloo Elementary School Learning Lab Leader/Classroom Aide

Education:

- Associate of Science from Monroe County Community College 2007

- Bachelor of Arts from University of Toledo and Psychology Minors Counseling, Disability Studies, Chemical Dependency 2015

- New Directions Peer Recovery Center Graduate (Certificate) 2017

Additional Information:

I was the treasurer and president of the NDPRC board in 2016-17. I also conducted one-to-one counseling and taught Peer Recovery classes. I'd love to meet you at events.