



# Community Living Supports

CLS is designed to teach, prompt, encourage, support, and monitor children and adults diagnosed with intellectual developmental disabilities and/or mental illnesses. CLS can be provided through verbal prompting and reminding or with assistance, as well as physical guidance. Services are available for in-home and in the community.

## Information & Assistance

For further information or for questions or concerns, please contact:

Customer Services:  
(734) 243-7340 TTD: 7-1-1

Suicide and Crisis Life Line: 9-8-8

## What to expect from CLS?

- Assistance in increasing and maintaining personal self-sufficiency for tasks such as bathing, dressing, shaving, toileting, oral care, hygiene, etc.
- Skill building for grocery shopping, meal planning, cooking, home maintenance, and medical appointment coordination
- Education on food safety/storage, medication administration, and community safety
- Transportation
- Community integration activities

## Who is eligible?

- Any person diagnosed with a mental health or substance use disorder
- Individual qualifications are determined through the CLS Assessment

Talk With Us.

MONROE  
COMMUNITY  
MENTAL  
HEALTH  
AUTHORITY