



Youth Outpatient Therapy

Youth Outpatient Therapy offers a person- or family-centered approach provided at home, in a community location, or at our office. The individual-driven treatment allows for self-advocacy, resolves daily challenges, and addresses ongoing behavioral and emotional concerns, and more.

Information & Assistance

For further information or for questions or concerns, please contact:

Customer Services:
(734) 243-7340 TTD: 7-1-1

Suicide and Crisis Life Line: 9-8-8

What is expected of me?

- Participate in scheduled appointments
- Support each other in the treatment process
- Understand that progress takes time, is a commitment, and is a process
- Take ownership of your own recovery

What to expect from my therapist?

- Establishes frequency of appointments based on severity of need
- Schedules appointment in the home, office, or a community location
- Offers guidance and advocacy in times of crisis
- Assists with developing safety and crisis prevention plans
- Provides a safe, private, and judgement-free space to process personal matters

Who is eligible?

- Any person with a mental health or substance use disorder
- Individuals whose mental health concerns interfere with daily life
- Individuals not receiving similar service from another agency or those who have not been successful with similar services

Talk With Us.

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MENTAL
HEALTH
AUTHORITY