



# Parent Support Partner (PSP) Services

Parent Support Partner (PSP) Services offers support to caregivers of youth. PSP will help you set goals and determine strategies to achieve those goals; help you prepare for and attend meetings at DHHS, CMH, or Family/Juvenile Court; brainstorm ideas or concerns regarding your family, system, or services; offer training and education to effectively communicate with the agencies involved in your family's life; and assist you with making informed choices.

## Information & Assistance

For further information or for questions or concerns, please contact:

Customer Services:  
(734) 243-7340 TTD: 7-1-1

Suicide and Crisis Life Line: 9-8-8

## What is expected of me?

- Participate openly and honestly in scheduled appointments

## What to expect from Parent Support Partner?

- Bringing both personal experiences and knowledge of raising a child with challenges to the role, empowering families and giving much needed hope
- Sensitivity and respect of family's individual needs, preferences, values, and life experiences
- Assistance in planning and implementation of services as part of the treatment team
- Empower parents to be advocates for their children and family

## Who is eligible?

- Any caregivers of youth receiving community mental health services
- Anyone who is struggling with emotions and the navigation of systems involved with their family

Talk With Us.

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