

Peer Recovery Coach

A Peer Recovery Coach is someone who is trained to support others on their recovery journey using their own lived experience to offer encouragement, hope, and practical support.

A Peer Recovery Coach does not provide therapy or counseling, diagnose mental health or substance use disorders, or make decisions for you. They support you in making informed decisions about your own recovery.

Information & Assistance

For further information or for questions or concerns, please contact:

Customer Services:
(734) 243-7340 TTD: 7-1-1

Suicide and Crisis Life Line: 9-8-8

Who is eligible?

Any person, aged 18 or over, living with substance use disorder

What is expected of me?

Participation in regularly scheduled appointments

What to expect from my coach?

Respectful support that centers on:

- Your personal choices and recovery goals
- Building coping skills, daily routines, and supportive relationships
- Connection to recovery groups and community resources
- Practice in self-advocacy and discussing your recovery needs with your care team

Interested?

Ask your care team or Customer Services how to find out if you are eligible.

Talk With Us.

MONROE COMMUNITY MENTAL HEALTH AUTHORITY

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